

Best Mental Health Care in Northern Texas

Find lasting relief at Premier Pain Centers & Premier Psychiatry through advanced mental health treatments including TMS Therapy, Spravato, IV Ketamine, and Medication Management. Personalized care designed to restore balance, improve mood, and support long-term emotional wellness.

Book Your Appointment

Fill out the form and our team will reach out shortly.

Your Full Name*


Your Email*


Your Number*


Patient Type *


Your Insurance*


Your Message*


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Expert Psychiatric Care You Can Trust

At Premier Pain Centers & Premier Psychiatry, we are dedicated to providing compassionate and professional mental health care through thoughtful evaluations and personalized treatment plans. Our specialists focus on understanding each individual's concerns and helping them move toward improved emotional balance, stability, and overall well-being in a supportive and respectful clinical environment.

Our clinics proudly provide psychiatric services to individuals in Richardson and Ennis, offering comprehensive mental health care for a wide range of conditions. At Premier Pain Centers & Premier Psychiatry, we believe every patient deserves attentive guidance, clear diagnosis, and a treatment approach designed to support long-term mental wellness and a healthier, more balanced life.

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What We Treat



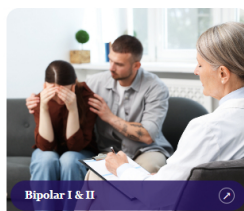
Anxiety

Anxiety can cause persistent worry, restlessness, and difficulty concentrating. Professional treatment helps patients manage stress, control anxious thoughts, and improve daily functioning.



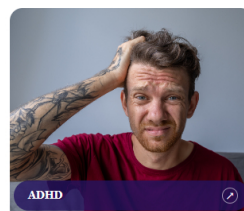
Depression Treatment

Depression may lead to ongoing sadness, low motivation, fatigue, and loss of interest in activities. Treatment focuses on stabilizing mood and helping patients regain emotional balance.



Bipolar I & II

Bipolar disorder is characterized by alternating episodes of elevated mood and depression. Medical care focuses on stabilizing mood and reducing the intensity of emotional fluctuations.



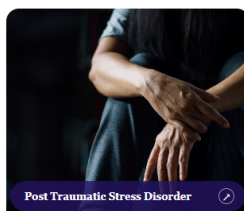
ADHD

Attention-Deficit/Hyperactivity Disorder can cause difficulty focusing, impulsive behavior, and restlessness. Treatment supports improved concentration, organization, and productivity in daily life.



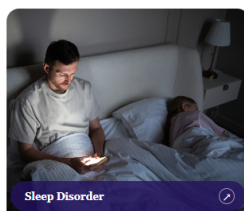
Obsessive Compulsive Disorder

Obsessive Compulsive Disorder involves intrusive thoughts and repetitive behaviors performed to reduce anxiety. Treatment helps patients manage compulsions and regain control over daily routines.



Post Traumatic Stress Disorder

Post-Traumatic Stress Disorder may develop after experiencing or witnessing a traumatic event. Treatment focuses on reducing distressing memories, anxiety, and emotional triggers.



Sleep Disorder

Restore healthy sleep and feel refreshed with expert sleep disorder treatment at Premier Pain Centers & Premier Psychiatry. Our psychiatrists help improve energy, focus, and overall well-being.



Schizophrenia

Schizophrenia may affect thinking, perception, and behavior, sometimes causing hallucinations or delusions. Treatment focuses on symptom management and improving daily functioning.

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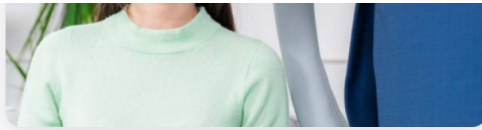
When Medications Alone Aren't Enough, TMS Therapy Can Help



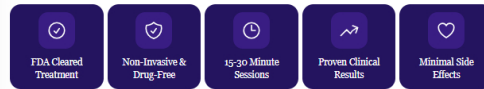
TMS Therapy is an FDA-cleared, non-invasive treatment designed for individuals struggling with depression and other mental health conditions. It offers a safe alternative for those who have not found relief through medications or traditional therapies.

Treatment-resistant depression can feel overwhelming, but TMS Therapy provides a new path forward. By gently stimulating targeted areas of the brain involved in mood regulation, this therapy helps improve symptoms without the need for anesthesia or medication changes.

Sessions are quick, typically lasting around 15-30 minutes, and allow patients to return to their daily routine immediately. With minimal side effects and proven results, TMS Therapy is helping patients regain control of their mental well-being and



improve their quality of life.



Mayur Patel, MD

Interventional Psychiatrist

Dr. Mayur Patel is a Texas native who earned his Bachelor of Science and Arts with Highest Honors in Biology from The University of Texas at Austin. He went on to receive his Doctor of Medicine from The University of Texas Health Science Center at Houston (McGovern Medical School).

Dr. Patel completed his psychiatry residency at the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell in New York, where he played an active role in developing and expanding the Spravato® (esketamine) treatment program to improve access for patients with treatment-resistant depression. He has also completed certification in Transcranial Magnetic Stimulation (TMS) through the Academy of Brain Stimulation, further strengthening his expertise in evidence-based interventional psychiatry.

Dr. Patel is now practicing at Premier Pain Centers and Premier Psychiatry, where he provides comprehensive psychiatric care with a focus on medication management, treatment-resistant depression, anxiety disorders, and advanced therapies including Spravato® and TMS. His approach emphasizes compassionate, personalized, and evidence-based care to help patients achieve lasting improvements in their mental health and quality of life.

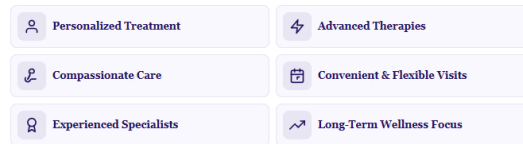
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WHY CHOOSE US?

Expert Care for Your High-Quality Mental Wellness

Your mental health is more than just a diagnosis. It affects how you feel, think, and function every day. Our approach focuses on advanced psychiatric care with genuine understanding, helping you find relief, regain balance, and move forward with confidence.



Find a Location Near You

Our team at Premier Pain Centers & Premier Psychiatry provides compassionate, evidence-based care to support your mental and physical well-being. With both in-person and telepsychiatry visits, we are committed to making quality care accessible and convenient for every patient.

Finding the right support should never feel overwhelming. That's why we've created welcoming clinic locations where you can feel comfortable, heard, and cared for. Each center is designed to provide a safe and supportive environment focused on your recovery and long-term wellness.

[Explore Our Locations →](#)



Richardson →

Our Richardson location provides comprehensive psychiatric services to support your mental well-being. Anxiety and depression care are addressed through personalized treatment plans, with our team guiding you every step of the way. We offer a calm and professional environment focused on healing and support.



Ennis →

At our Ennis clinic, patients receive personalized care in a welcoming and patient-focused environment. We are dedicated to helping individuals manage a wide range of mental health conditions through effective, modern treatment approaches. Our goal is to help you regain balance, stability, and confidence in your daily life.

Your Well-Being is Our Priority

At Premier Pain Centers & Premier Psychiatry, care is more than just treatment and focuses on building a trusted partnership for your mental health journey. We provide compassionate, evidence-based support every step of the way.

Our interventional psychiatrist in Richardson offers comprehensive psychiatric services for conditions like anxiety, depression, ADHD, and mood disorders. We also provide advanced treatments, including Spravato® Therapy, IV Ketamine Therapy, and TMS Therapy, with plans designed around your individual needs. Our goal is to help you regain balance and improve your quality of life. Reach out today to begin your journey toward better mental health.

[Book An Appointment](#)

[Call Our Team](#)

Google Patient Reviews & Testimonials

**Candace Roberts**

★★★★★

Dr P is nice and listens to your concerns as well as answers any questions in plain spoken terms that are easy to unders...

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**Przybo**

★★★★★

Very professional and very concise. Liked his bed side manner. Did not feel uncomfortable talking with him

**Kimmy D**

★★★★★

Excellent doctor and shows he and the staff care

**Robbin Bow**

★★★★★

Excellent service and provides me with great care

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We provide advanced, results-driven mental health care for conditions like depression, anxiety, ADHD, bipolar disorder, and more. Our services include TMS Therapy, Spravato® Therapy, Ketamine Therapy, Medication Management, Telepsychiatry, and psychiatric evaluations to support your overall well-being.

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